Wan shi kaitou nan

Wàn shì kitóu nán

Literally "When doing anything, the beginning is always most difficult."

English equivalent: The first step is the most difficult one to make.
German equivalent: Aller Anfang ist schwer.

Example
Kish xuéxí hàny de shíhou, n huì juéde bijiào nán, ynwèi wàn shì kitóu nán.
"Starting to learn Chinese, you will find it rather difficult; because whatever you do the beginning is always the most difficult."